

## **6.4 Nappy changing**

### **Policy statement**

No child is excluded from participating in our setting who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

### **Procedures**

- Our staff have a list of personalised changing times for the children in our care who are in nappies or 'pull-ups'; and change nappies according to this schedule, or more frequently where necessary.
- Babies and young children are changed within sight of other staff (in the disabled toilet) whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes.
- Each child has their own bag to hand with their nappies or pull ups.
- Our staff put on gloves and aprons before changing starts and the areas are prepared with sanitiser.
- All our staff are familiar with our hygiene procedures and carry these out when changing nappies.
- Our staff never turn their back on a child or leave them unattended whilst they are on the changing mat.
- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.
- We encourage children to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- We encourage children to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- We do not use anti-bacterial hand wash liquid or soap for young children; young skin is quite delicate and anti-bacterial products kill off certain good bacteria that children need to develop their own natural resistance to infection.
- Older children access the toilet when they have the need to and are encouraged to be independent.

- We dispose of nappies and pull ups hygienically. Any soil (faeces) in nappies or pull ups is flushed down the toilet and the nappy or pull up is bagged and returned to parents at the end of the session as disposal facilities are not available at this setting. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and bagged for parents to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.
- The cleaning mat/chair should be cleansed thoroughly with sanitiser.
- Staff must then make a note in the child's contact book that the nappy has been changed.
- We only allow staff that are DBS checked to changed nappies. We do not allow volunteers to change nappies.

**This policy was adopted by**

Hempstead Pavilion Playgroup Ltd

**On**

25<sup>th</sup> May 2018

**Date to be reviewed**

31<sup>st</sup> July 2019

**Signed on behalf of the provider**

**Name of signatory**

Joanne Jarrett

**Role of signatory**

Director